

ROUTE 422 HOLIDAY GIFTS AND SERVICES GUIDE

This year's guide focuses on a wide variety of great gift, dining, and service providers to help make your holiday party planning, shopping and preparations unique and special. From jewelry, clothing and accessories, unusual gifts, delicious food and specialty services, this year's guide offers something for everyone on your gift list.

Does Your Image Reflect Your Profession?



**By Debbie Werner,
Owner, Reflections
Hair Designs**

You are ready. Education, degree or license that declares you have the knowledge to proceed or advance in your chosen career is in your tool box. You have taken all the necessary steps to move forward into that career path. But have you taken every step?

Look in the mirror. Is that reflection the reflection of that particular profession?

Remember you only have 60 seconds to make an impression. Some say even less. Some contacts will assess you in seven seconds. So how important is your appearance? Does that reflection say, 'I am confident and knowledgeable and you can trust me'? What does your employer, client or potential client see?

In the seven seconds you have to impress, what details does the other person observe? Your clothing needs to be appropriate for the career or activity you attend. It should fit your body type — no dragging pant legs or

excessively tight clothing. It should be pressed, not wrinkled. It should be clean, not dirty. Hair needs to be clean and fashionable, but reflect your profession. If you are an attorney and need to be taken seriously, you might want to re-think the purple spiky style. If you want fun color, try clip in extensions that can be removed when in the office. Fun colors and dramatic or edgy styles are great if you are in a creative profession, like a hairstylist or designer.

What does your make up look like? Or do you wear any? Make up completes the look, and ties the whole package together. If you are averse to wearing make-up, please re-think your position. It is designed to enhance your good features and diminish the bad. The professional woman pays attention to the details. It doesn't have to be a lot — A foundation used to even out your skin tone, eyebrows to frame your eyes, some mascara to create more focus and a little lip gloss for color. Easy five minutes in the morning to complete your style.

I had a client, years ago, who dealt with the glass ceiling in corporations. She headed human resources in a large corporation, and when forced to retire at age 65, she started a personnel agency. She said she was never the prettiest girl in class, but she was the

smartest. She realized that the pretty girls got more attention, so she decided to enhance what she had. She was always impeccably dressed. Hair always perfectly in place. And she wore some make up. She created a picture.

For additional information, please call Debbie Werner at 610.323.2030 or email: reflectionsh@verizon.net.

Pottstown Dance Theatre Brings Back a Favorite Christmas Classic

The Pottstown Dance Theatre Repertory Ensemble will be doing a full version of the family classic "The Nutcracker" at the Hill School Center for the Arts on Saturday December 2 at 7pm as well as Sunday December 3 at 3pm. Under the direction of Michelle Jones Wurtz, the performance will include the party scene with young dancers showing off their strong ballet technique, "Waltz of the Snowflakes", the beloved



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"Waltz of the Flowers", and the other works with new lighting design, a brand new snow- scene backdrop, and other amazing stage effects.

Ms. Wurtz will be the main choreographer but she will be getting assistance from long term instructor Ms. Diane Alex-Brody and recent Eastern University graduate Megan Schultz. Ms. Schultz is an alumnus of Pottstown Dance Theatre and then majored in Dance at Eastern U. She will be performing as the Snow Queen and designing brand new choreography for various pieces throughout the performance. Lizzie Rasmussen and Ashley Reicher will be performing the coveted "Clara" roles as well as "The Sugar Plum Fairy". They have been

Intensive students at the Theatre for years and performed at the Lincoln Center and Carnegie Hall so they are both seasoned performers ready to take on solo works.

Adult tickets are \$20 in advance (\$23 at the box office upon arrival), and \$15 for students and seniors in advance (\$18 at the box office upon arrival). They are available at Pottstown Dance Theatre, by calling 610.323.2569, or online at www.pottstowndance.com. This show is a family favorite and will delight children of all ages! For information on group rates please call the Theatre at 610.323.2569. You will absolutely fall in love with this classic, family favorite!

(Continued on page 24)

Pottstown Dance Theatre
 Classes in Ballet and Pointe, Modern Dance, Jazz, Tap, Hip-Hop, Break-Dance, Irish, African, and Pilates.

Michelle Jones Wurtz, Director
610-323-2569
 72 W. Main St., Pottstown PA 19465
 www.pottstowndance.com

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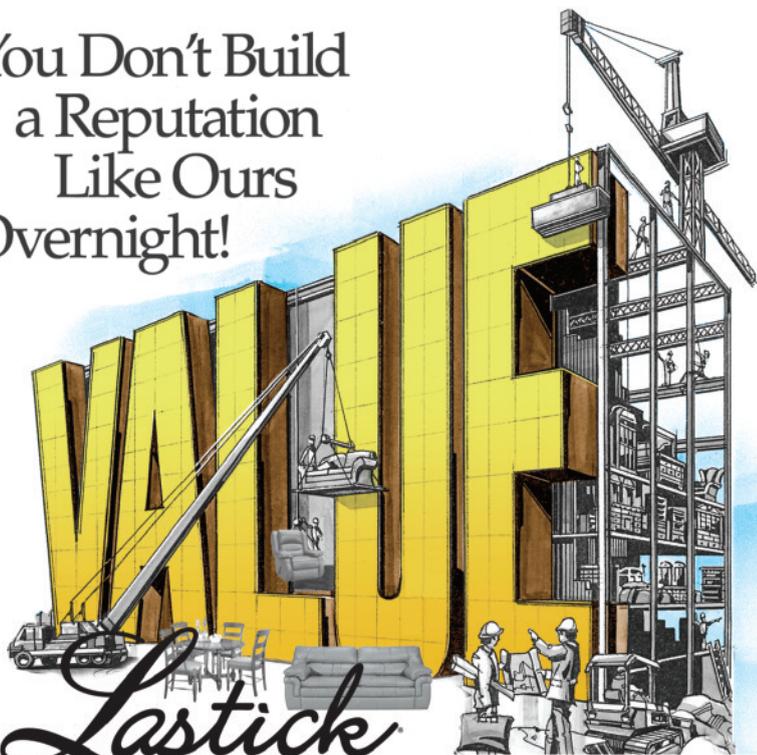
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ROUTE 422 HOLIDAY GIFTS AND SERVICES GUIDE

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Holiday Parties

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Weaver's Orchard Fall Family Fun Days!

Weaver's Orchard invites families to experience their farm in the rolling hills of Berks County through apple picking and their *Fall Family Fun Days*. Each of these festivals are full of wholesome, kid-centered fun in the great outdoors. They run every Saturday now through October 28, from 10 AM to 5 PM, and Columbus Day, Monday, from 10 AM to 4 PM. *Fall Family Fun Days* feature activities for the whole family including hayrides, pick-your-own apples and pumpkins, live music, pumpkin painting, face painting, obstacle courses, a barrel train, fresh-pressed apple cider and cider donuts, caramel apples and other great homemade festival foods. Families and individuals who photograph their orchard fun this fall are invited to submit photos to Weaver's annual photo contest for a chance to win a \$50 Weaver's Orchard gift card!



in a variety of sizes and even ship boxes of crisp, homegrown apples to friends and family far away. These can be purchased in-store, online or by calling the number below.

Weaver's Orchard is located less than 15 miles south of Reading and five miles north of Morgantown. Visit year-round for festivals, events, pick-your-own fruit and their farm market, which features many local foods, a deli, bakery, produce, dairy and sustainably-raised meats. Shop online and find out more information by visiting www.weaversorchard.com or calling 610.856.7300.



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